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CHILDREN  
THEIR HEALTH AND  
HAPPINESS

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*A Ready Reference Book for Mothers  
Who Desire to Know How to  
Bring Up Their Children  
In Health*

By DR. J. H. TILDEN

DENVER, COLORADO

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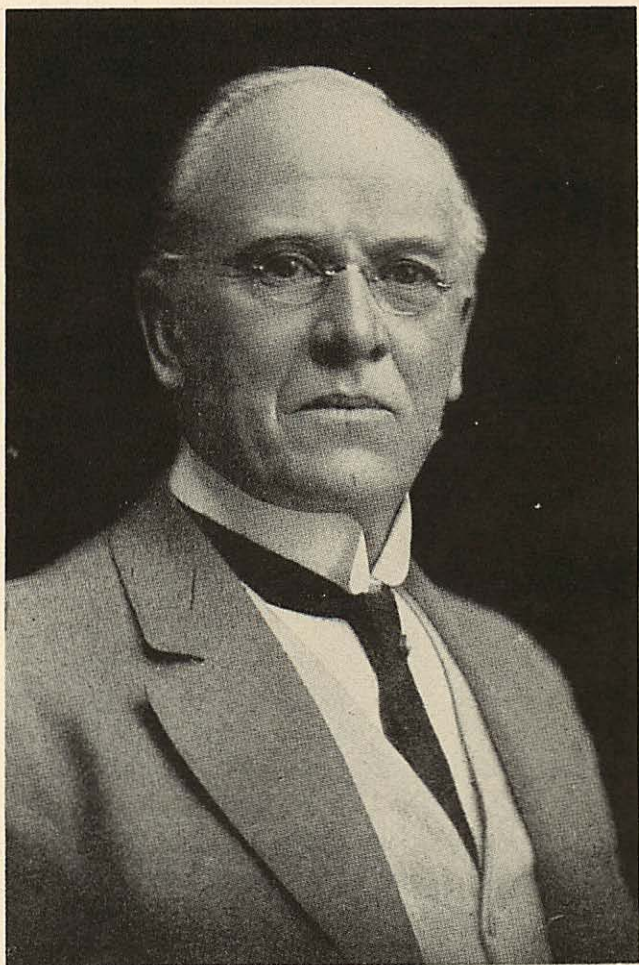
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## DEDICATION

To those mothers who wish to sidestep the conventional errors which lead to so much unnecessary sickness in children.



**J. H. Tilden, M.D.**

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