

LSHS



THE GREAT WATER CONTROVERSY

by

T. C. FRY
DR. HERBERT M. SHELTON
DR. JOHN H. TILDEN
and others

THIS LESSON TEACHES:

- That Pure Water Is the Only Kind of Water You Can use.
- That Humans Are Not Naturally Drinking Creatures.
- Why Sea Water Is Not Nutritious but Poisonous.
- Why Mineralized Waters Are Unhealthy.
- When and How Much We Should Drink.
- Why Fluoride Compounds Make Our Teeth and Health Worse, Not Better.

A
LIFE SCIENCE
Publication

WHAT IS LIFE SCIENCE?

All that is good and wonderful in life is a manifestation of those forces that brought it about. Ascertaining those forces and availing ourselves of them so that we can live blissfully and gloriously is LIFE SCIENCE.

Science is not the cold dispassionate pursuit many of us have been led to believe. Rather it is very warm, very personal and very relevant to all that we are involved in. When we turn our studies upon ourselves so that we may have a very personal science, we begin to arrive at the essence of LIFE SCIENCE.

We must admit that science is not the warm practical medium we speak of at this time. Science that we can't use and benefit by is hardly science. LIFE SCIENCE is the exploration and elaboration of those elements and influences we can invoke to exalt our lives and being.

Certain truths are applicable to our being. Studying and systemizing these truths such that we can be guided by them is the purpose of LIFE SCIENCE.

That which begets correct results is scientific. That which begets wrong results is unscientific.

LIFE SCIENCE concerns itself with those truths and principles applicable to human life so that we may observe and avail ourselves of them. We are of the firm conviction that only by scientific living can we realize the loftiest joys *and the destiny* which is our birthright.

(Continued inside back cover)

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Guiding You to the Proper Use of Water

Exposing the Many Myths

and

Fallacious Notions

about water

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THE GREAT WATER CONTROVERSY

LIFE SCIENCE

Lesson Number Eight

Objectives of this Lesson

This lesson strives to present the many questions about water in such a manner and to such an extent that no doubt can exist as to the role of water in our bodies. The kind of water we must use and how we should obtain it are made clear.

Many of us have drinking habits that put water into our bodies in quantities that keep our insides “afloat” and our kidneys overworked. Most of our drinking is a response to pathological conditions and is in itself a cause of pathology with exceptions as noted herein.

This lesson teaches that humans are not natural water drinking creatures. This will shock many, for do we not witness humans drinking something or other almost every waking hour of the day?

Many cannot see the logic of doing something different from what they’ve been accustomed to doing. Even if they do, many refuse to change, preferring immolation by the ravages of self-caused diseases to switching from their familiar habituations to that which their reason assures them is best.

Some cling to the disease-generating bad habits on an emotional basis—because of their social settings. They refuse even to consider all sides or even any side of the question of health. Many know better and refuse to do better. Fortunately, you do not belong to such groups. That you are reading this book indicates you are outside this category.

The primary objective of this lesson is to convey a single message about water: Make certain that **ONLY** pure water gets into your body. Avoid impure water from whatever

source.

This admonition sounds simple enough, but, upon examining this book, you will see that many situations occur that make this not an altogether easy stricture.

In this great controversy over water many become factional, taking sides in some of the various schools that hold the field.

In order to awaken those who insist on defending the impure water position, we have presented the major arguments in this volume.

We hope this book is for you an exposition that makes sense.

